ALIEF AARP CHAPTER #3264

AARP chapters are separately incorporated affiliates of AARP.



NEWSLETTER - NOVEMBER 2026

President's Message



Our membership campaign is underway. Everyone will take home a bag of flyers, business cards and pens to help spread the word. We also have new name tags and lanyards so we can meet and great everyone. Pick up your name tag and lanyard in the lobby and return it as you leave. No need to worry about where you left your name tag!

At the November meeting we will have another drawing for a $10 gift card. To be eligible to enter the drawing, you need to bring a guest to the meeting. The more guests you bring, the more chances you will have to win. Congratulations to Deborah Taylor who won the $10 gift card at our October meeting. We will have a drawing every month from October 2026 to March 2027.

The Travel Committee is working hard to bring you entertaining bus trips. November is Moody Gardens and Rainforest Café. In December we will go back to Brookwood for their Open House. The trip to Holey Moley Putt Putt Golf was moved to January 28, 2027 since we did not have enough people to go in September**. We need 20 people to take this trip or we will lose our $200 deposit.** Hope you can join us. We welcome non-members on this trip to help fill the bus. Let us know if there is somewhere you would like to visit. Contact information is always helpful.

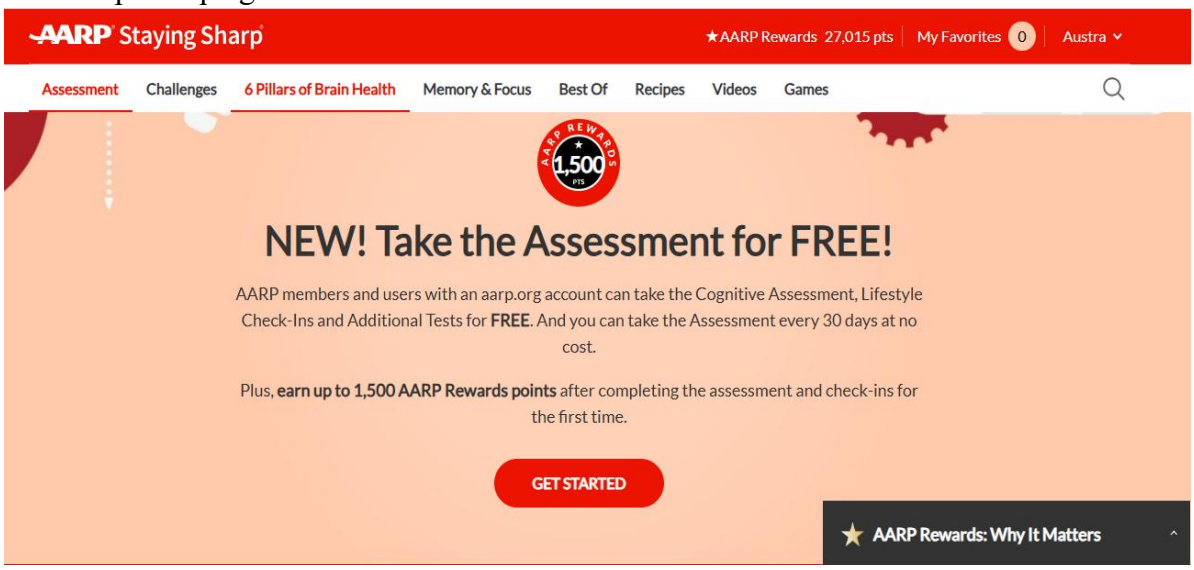
The Nominating Committee met and are presenting a slate of Officers at our meeting this month. The nominated individuals are shown on page 7 of this newsletter. Nominations will also be taken from the floor. If you are interested in any of the elected or appointed offices, please let us know. The current Elected and Appointed Officers are listed on the last page of this newsletter.

Thanks for all you do,

Linda Edwards

LEGISLATIVE REPORT - AARP FOCUS by Austra Runnels

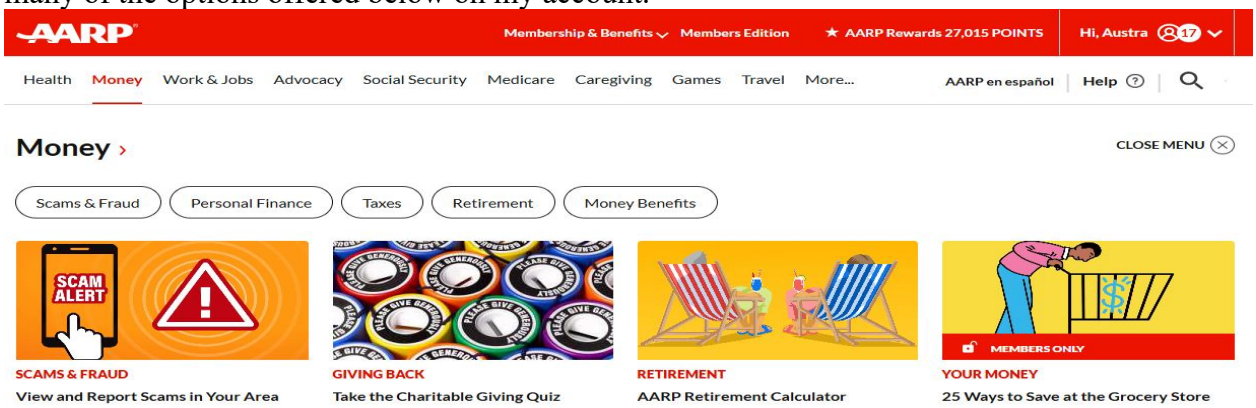
By the time you read this report, the Mid-term Elections will be over. The focus this month will be on Annual Chapter Membership Campaigns.



It's that time of year when the local AARP chapters begin their membership drives. As the year progresses, each chapter may lose or gain members. Now is the time for chapters to take stock of their members, conduct membership campaigns and get their records updated.

The primary requirement for Chapter Membership is National Membership. Check your National Membership annually to make sure you are eligible for chapter membership.

I would also like to encourage you to download the AARP App which provides so much information for seniors. See many of the options offered below on my account.



There are articles on AARP Advocacy, Social Security, Medicare, Caregiving, Rewards and Entertainment. Set up your profile and start browsing your AARP account. You'll be pleasantly surprised at the amount of information, rewards and discounts available to you. Thank you!

AARP is a nonprofit, nonpartisan organization that empowers people to choose how they live as they age.

Bus Trip to George Ranch

October 8, 2026











Programs

November 5, 2026 – Murray Pawloski – Medicare Changes for 2027



Murray will address the changes in Medicare for 2027 and any other Medicare questions.

He is an independent insurance agent, starting his own agency in 2027. He has been in the Medicare business since February 2019.

December 3, 2026 – Christmas Bingo





Dora Cruz will call Bingo. Bring an unwrapped prize. 3 prizes will be given out for each game.

January 7, 2027 – Marian Bell - Healthy Living



Marian Bell motivates, inspires and encourages as she assists you in achieving a healthier lifestyle.

Blending years of healthy gourmet cooking and nutritional know-how, Marian will help you gain life's high ground: healthier eating habits and a better-balanced lifestyle.

Whether you're looking to attain your ideal weight, commit to a healthier life, get organized, learn what to cook, or discover which foods you should be eating, you will find it at Marian Bell's Healthy Lifestyle.

TRAVEL

Future Dates of Reserved Bus Trips

November 17, 2026 – Tuesday – **Moody Gardens Aquarium -** Valeri Russell **-** Bus Coordinator

MOODY GARDENS
GALVESTON ISLAND
HOTEL, SPA & CONVENTION CENTER
ATTRACTIONS, GOLF COURSE

Dive into the world's oceans at one of the largest aquariums in the Southwest. This 1.5-million-gallon aquarium is teeming with creatures from tuxedo-clad penguins to seals, sharks, an amazing Jellyfish Gallery and thousands of tropical fish and more, with new and interactive opportunities all along the way.

A fun and awe-inspiring experience is wonderfully complemented with conservation messages that underscore the vital importance of the oceans. New exhibits not only inspire visitor interest and empathy, but also connect them to specific ocean habitats. Each ocean exhibit highlights different marine sanctuaries and different aspects of our relationship to the seas.

December 4, 2026 – Friday - **Brookwood Open House –** Linda Edwards – Bus Coordinator



Join us at Brookwood Community for their open house. We will arrive at Brookwood around 10:30. Grab a friend or two and go exploring. You will have time to shop or tour the campus before lunch.

We have reservations for lunch in the Café @ 12:15 pm. The gourmet buffet ($26.99) will have several stations, including soup, salads, main course, sides and dessert. If you prefer, you can grab a box lunch at the Coffee Cart ($16.00). Just let me know if you are eating in the Café so I can adjust the reservation.

More shopping time after lunch. We will see the Christmas Program at 2:00 pm before departing for home.

January 28, 2027 – Thursday – **Holey Moley Putt Putt Golf –** Linda Edwards **-** Bus Coordinator



Holey Moley *features three, nine-hole mini golf courses. This cute and unique mini golf course is so creative – themes from Godzilla to giant toothpaste! We'll be serving up the craziest round of mini golf you've ever played - from the moment you tee off, to the final hole, you never know where you might end up. Play up and kid around with our 'Kid in a Candy Shop' Hole, win big at the 'FORE in a row' hole, or live out a millionaire's dream by 'Makin' it Rain'. Holey Moley is the craziest round of golf you've ever played!*

Sunshine Chairman

Linda Edwards is our **Sunshine Chairman** this year. She will send e-cards, birthday cards, get well cards, thinking of you cards, and sympathy cards to our members.

If you know of any of our members who should receive a card from Alief AARP Chapter 3264, please advise **Linda Edwards at 713-202-8800 or email: dance.partners@yahoo.com.**

Note: We are looking for a new Sunshine Chairman. If you are interested, please contact Linda Edwards (contact info above).

Donations – Collections 2026

We will no longer be collecting food for distribution. There are nearby sites where you can take your donations.

Also, The Board of Directors has voted to resume collecting the following items for donations:

Cell Phones to be refurbished and distributed to Battered Women.
Eye Glasses

Please bring your donations to our monthly General Meetings and give them to **Community Service Chairman Valeri Russell.**

Volunteer Hours

Remember to sign in your volunteer hours at the monthly general meeting. This is one of the most important things we can do each month. Be a "Texas Star"! Let us validate the fact that we are a service organization, not a social organization.

If you attend the Alief AARP Chapter 3264 monthly meeting, please sign in for the 2-hour service. If you help a friend, attend an AARP General Meeting, help at your church, help your neighbors, run errands for someone, help at a hospital or anything else where you donate your time, all of your time spent doing for others (including travel time) is considered **volunteer hours**.

November Birthdays

November 3	Cynthia Jones
November 4	Russel Jones
November 8	June Cox
November 11	Jerry Edwards



November Dates to Remember

November 1	All Saints Day
November 3	Election Day
November 10	Diwali (Hindu Festival of Lights)
November 11	Veterans Day
November 26	Thanksgiving
November 27	Black Friday

General Information

Attendance (October 1): 36 Members & 3 Guests
Total Members: 93
Volunteer Hours for September: 473

Upcoming Meetings

November General Meeting — Thursday, November 5, 2026
Time: 10:00 a.m. – 12 Noon
Location: The Salvation Army Church
7920 Cook Road, Houston, TX 77072

November Board Meeting — Thursday, November 19, 2026
Time: 10:30 a.m. – 12 Noon
Location: The Salvation Army Church
7920 Cook Road, Houston, TX 77072

December General Meeting — Thursday, December 3, 2026
Time: 10:00 a.m.- 12 Noon
Location: The Salvation Army Church
7920 Cook Road, Houston, TX 77072

Elections

The Nominating Committee has chosen the following individuals to serve in 2027. The President is a two year term:

Vice President	
Secretary	Nancy Carter
Asst. Secretary	Barbara Mireles
Treasurer	Katherine Miller
Asst. Treasurer	Valerie Johnson
Three Year Director	Valeri Russell
Three Year Director	Doris Hemsworth
Two Year Director	Bunny Trammell
Two Year Director	Brian Placette
One Year Director	Lucy Rosario Cavazos
One Year Director	Iola Williams

Nominations will be taken from the floor at our meeting on November 5, 2026.

Officers & Committees 2026

President
Linda Edwards 713-202-8800

Vice President
Doris Hemsworth 281-493-2428

Treasurer
Katherine Miller 281-530-7037

Assistant Treasurer
Barbara Mireles 316-616-7499

Secretary
Nancy Carter 713-825-0456

Assistant Secretary
Jean Matthews 713-828-7383

Three Year Directors
Brian Placette 713-854-0926
Bunny Trammell 832-845-8742

Two Year Directors
Lucy Rosario Cavazos 346-529-8428
Iola Williams 713-822-5398

One Year Directors
Nancy Carter 713-825-0456
Valeri Russell 281-923-0349

Immediate Past President
Jan Albers 281-785-7372

Community Service
Valeri Russell 281-923-0349

Health
Lewis Kana 713-882-9714

Helping Hands – The Board of Directors

Hospitality
Ethel Kujimiyo 281-731-8638

Legislative
Austra Runnels 281-686-4319

Meals on Wheels
Willie Mae Wilson 281-536-1991

Membership/Yearbook
Austra Runnels 281-686-4319

Nametags
Austra Runnels 281-686-4319

Newsletter
Linda Edwards 713-202-8800

Nominating
The Board of Directors

Programs
Iola Williams 713-822-5398

Public Relations
Valeri Russell 281-923-0349

Raffle
TBD-looking for volunteer

Sunshine
Linda Edwards 713-202-8800
(looking for new volunteer)

Telephone
Linda Edwards 713-202-8800

Travel
Valerie Johnson 281-785-1943

Volunteer Hours
Austra Runnels 281-686-4319

Webmaster
Brian Placette 713-854-0926

** Committee Chairmen subject to change **